

Russell Willingham

Russell Willingham is the Executive Director of New Creation Ministries (Fresno, CA), oversees individual counseling, group counseling and the overall vision of the ministry. He speaks at events around the nation on sexual brokenness, the healing process and spiritual formation. He has found much wholeness from Jesus for the broken areas of his own life that date back to childhood. Russell is the author of two books, *Breaking Free: Understanding Sexual Addiction and the Healing Power of Jesus*; and, *Relational Masks: Removing the Barriers that Keep Us Apart*.



Aaron J. Reinicke

Aaron J. Reinicke is a Licensed Marriage & Family Therapist, & founder and director of Reinicke Counseling Associates (RCA), a Christian counseling practice with offices in Mission Valley, Rancho Bernardo and Carlsbad. For over 20 years Aaron has worked extensively with men battling for sexual integrity and helps couples restore their relationships. In 2004 the non-profit LifeSpring Center was founded to provide expanded counseling services to San Diego and to missionaries worldwide. Aaron loves adventures of all kinds including a 27 year marriage to his best friend, Melinda, parenting 5 children, mountain biking, white water kayaking, backpacking and world missions.



Dr. Melinda Reinicke

Dr. Melinda Reinicke is a Licensed Psychologist, and married to a wild man for God named Aaron. She credits the most valuable training in psychology as being the mother of five children. Her book, *Parables for Personal Growth*, deals with a variety of life issues for adults through parables, journaling and experiential exercises. Dr. Reinicke works with depression and anxiety, survivors of trauma, and spouses of sex addicts. She is known for her presentations which are practical, heartfelt and sprinkled with humor.



Men from the FMO Leadership

Men in the FMO San Diego/Orange County groups will be giving testimonies, keynotes and workshops, including Milton Lopez, James Juarez, Rich Clingman, Curt Eklund, Jerome Smith, Britt Bankson, and others.



UNLEASHED II

Freedom To Live In Sexual Integrity

Aware of the Struggle

Most men caught in sexual struggles have proven over and over that they are powerless to break its bonds. They have turned and sworn to never return, but do. Is freedom possible? "Well, statistics will tell you..." Only one question matters right now: Is freedom possible for me?

Brothers in Battle

"Confess your sins to one another." "Encourage one another." "Shoulder to shoulder." This is not a war of one, but a war to be won together. Through the encouragement, acceptance and love shown by other men, even when they see the ugliness inside me, I can grow in vision and courage and strength. I thereby grow in God's love, too.

Choosing Victory

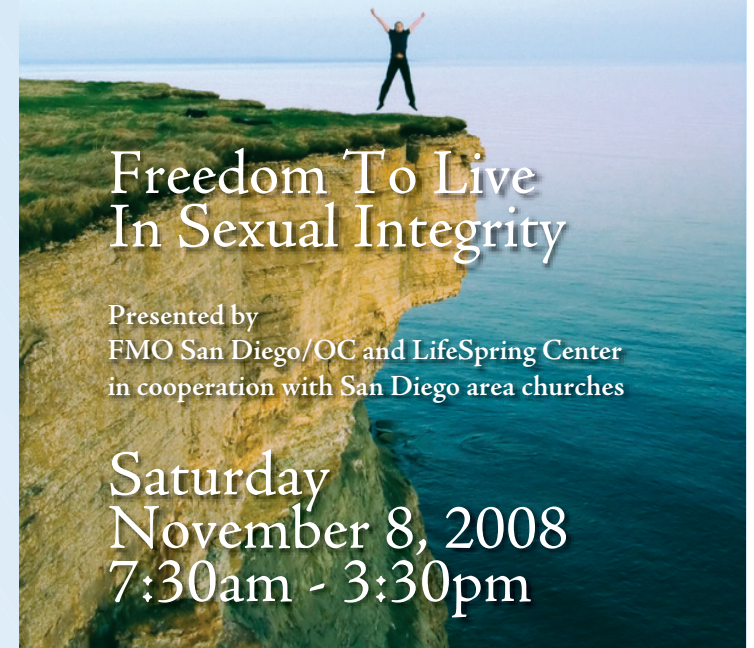
Through the grace offered to us thanks to the death, resurrection and ascension of Jesus Christ, men now have the choice to continue to live as a slave to sin or to battle for victory. But we must not make this choice lightly. Jesus said to count the costs or we're likely to surrender before the true battle even begins. Are you ready to quit trying to live in peace with your sin? Are you ready to choose victory?

Personal, Marital or Group Counseling
contact Aaron J. Reinicke
Reinicke Counseling Associates
619 . 298 . 8722 x101
www.RCAcounseling.com

LifeSpring Center

A non-profit 501(c) serving San Diego and beyond
619 . 298 . 8722 x101
Mission Valley • Carlsbad • Rancho Bernardo

UNLEASHED II



Freedom To Live In Sexual Integrity

Presented by
FMO San Diego/OC and LifeSpring Center
in cooperation with San Diego area churches

Saturday
November 8, 2008
7:30am - 3:30pm

Aware of the Struggle Brothers in Battle Choosing Victory

Who should attend?

- ♦ Men who struggle
- ♦ Men in the battle
- ♦ Men in ministry to men



Conference location:
Grace Point Church, San Diego Ca.
see map inside

Workshops I & II

There are two workshop sessions. Each workshop is available at both sessions. Choose two.

Relational Masks by Russell Willingham

Many of us don't experience intimacy with God, self or others because of our relational masks. Relational masks are our subconscious way of protecting ourselves and avoiding intimacy. In this workshop we will learn what the six masks are and how to lay them aside so that real connection can happen.

Your Wife's Wounds by Dr. Melinda Reinicke

She's discovered you struggle with sexual sin. You've hurt her. You love her. What do you do next? Godly strategies for honest healing.

How Resentment Links to Acting Out & What to Do Right Now! by Michell Cook

Learn the link between not forgiving and sexually acting out. You can take steps today to break that link.

A Young Man's Guide to Great Sex: Preparing for a Lifetime of Great Relationships by Milton Lopez

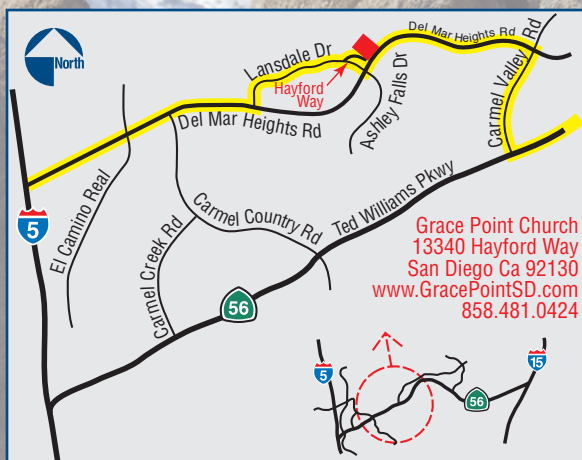
For teens and young men, this practical workshop helps establish focus and "ways of escape" for those choosing sexual purity.

Sexual Integrity and The Single Man by James Jaurez and Curt Eklund

Wrong roads and temptations around every corner. Discover God's plan for successfully navigating life's pitfalls. Fresh outlook, the promise of hope, and His healing touch. Together we receive the support, strength, and joy needed to live a life of power and purpose in Christ Jesus.

The Small Group Experience: First-hand knowledge by Rich Clingman, Michael Pacillo, and other FMO Leaders

Get a taste of how honest relationships in a Band of Brothers leads to successful integrity.



Aware of the Struggle Brothers in Battle Choosing Victory

Saturday, November 8, 2008 • 7:30am - 3:30pm
7:00am • Registration/Coffee/Fellowship

Keynotes

Why do I do it? Understanding the root issues of lust. by Russell Willingham
Afraid, Alone, Ashamed: Laying Aside The Lies that Drive Unhealthy Behavior. by Aaron J. Reinicke
Count the Cost Before Committing. by Aaron J. & Melinda Reinicke



Testimonies

Struggle and Hope • Rich Clingman
Renewal Through Relationship • Jerome Smith
The Battle and The Victory • Britt Bankson

The Prayer Ministry and Support Room is open during all sessions and workshops.

No child care is provided for this conference. This conference is for adult men and teen boys when accompanied by an adult.

For More Information: www.fmoSanDiego.com



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Freedom To Live In Sexual Integrity

7:30am - 3:30pm
Saturday, November 8, 2008
Grace Point Church - San Diego

Conference Registration

Online: www.fmoSanDiego.com

Or by mail with this form

Lunch is included with early registration



Early Registration:
(received before Oct 31, 2008)
Individual \$35.00
Son w/ Father \$15.00*
Group of 10+ men \$30.00 ea.

Late Registration at the door:
(Might not include lunch depending on availability)
Individual \$45.00
Son w/ Father \$15.00*
* with registered/paid father (we suggest 16 or older)

Please mail completed form with payment to:
LifeSpring Center • Unleashed II
2333 Camino del Rio South #250
San Diego, Ca 92108

Number Attending* _____ Total Cost \$ _____
* 2+ Please attach list of names and contact info

Name _____


Address _____

City _____


State _____ Zip _____

Day Phone () _____

Evening Phone () _____

 Name on Card _____

 Card # _____ Exp _____

 Please make checks payable to

LifeSpring Center

Refund Policy: A cancellation fee of \$10 will be charged for cancellations before October 24, 2008. No refunds will be given after October 24, 2008.